

## What is domestic abuse

Domestic abuse can happen to anyone.

It is an incident (or pattern of incidents) of controlling, coercive, threatening, degrading or violent behaviour, typically from a partner or ex-partner, but it can also be from another family member or carer.

## Who we are

Domestic Abuse Support Services Lancashire (DASSL) is our countywide domestic abuse support service.

Together, we offer a wider level of immediate support to victim-survivors of domestic abuse. We provide direct access to services in your area and access to 24 hour support.




**We know it  
can be unsafe  
to talk  
sometimes**

**Our online chat is available  
daily on our website**

**10am to 12pm, 2pm to 4pm  
8pm to 10pm**

## Contact us

 0300 3033 581

 [contact@DASSL.org.uk](mailto:contact@DASSL.org.uk)

 [www.DASSL.org.uk](http://www.DASSL.org.uk)

**In an emergency  
call 999**

Funded by:



**DASSL**  
Domestic Abuse Support  
Services Lancashire

**Safe accommodation  
and support if you are  
affected by domestic  
abuse**



## How we support you

**You will receive confidential support from specialist Domestic Abuse practitioners in the safest way for you:**

- Face-to-face
- Call our 24hr dedicated phone line
- Email us Monday to Friday 9am to 5pm
- Group work (call for times)
- Virtual support arranged by our team

**We are here to help, we listen and understand**



## Our services

- Access to safe 24hr emergency accommodation
- Safety planning
- Support services for children & young people
- Complex needs safe accommodation
- Community outreach for adults & children
- Group work programmes
- Men's support & accommodation services
- Language support
- Support for trans and non binary victim-survivors of domestic abuse
- Referrals to other agencies & specialist services



## How to refer

**Our countywide service is available to anyone who is affected by domestic abuse in Lancashire.**

Referring to our services is easy. You can contact us directly or ask someone who is supporting you to get in touch with us.

You can contact us using our 24 hour phone number or by finding your local service using the interactive map on our website: [DASSL.org.uk](https://DASSL.org.uk)

